

# THANK YOU FOR DOWNLOADING THIS RESOURCE!

I hope it helps you in your parenting journey!

Hey, I'm Rachel and I'm a Parent Coach. I help parents see parenting differently, discover practical strategies, and build strong, healthy foundations within their families.

For more ideas & resources  
check me out on  
Facebook & Instagram.

[@theparentpivot](#)



## Directions for Printing

- Print in color or black and white.
- The study begins on page 3 and each odd and even number represents one section. To print a single section, print the odd and even number page corresponding to that section.

Example: To print the section on Compassion, print pages 7 and 8.

- To print on front as back as a book, choose 'Double Sided' printing as an option in your printer settings. If available, choose 'flip on short side.'

## Notes for the Bible Study

Each page can represent a day or a week. The first section focuses on the idea of the Fruits of the Spirit. The second section is based on the idea that we "clothe" ourselves in the fruits. Each following section is based on a Fruit of the Spirit from Colossians 3:12.

### THEME VERSE: COLOSSIANS 3:12

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.

The Theme Verse is used for the entire study. Each section is based on this verse. Each day or week, read the verse to remind kids of what the study is about.

The Focus Word is the word that will be the focus for that section. Read the word and definition and talk about how it relates to the Theme verse. Ask the kids how they see it in their lives.

### FOCUS WORD

### FRUITS OF THE SPIRIT

The character traits that grow in our hearts when we know Jesus.

### WRITE IT OUT



Write it Out is a verse that is related to the Focus Word. Kids will simply copy the verse. You can have them reflect on the verse as they write it. This can also serve as a memory verse for the week.

For this section, have the kids write down any words that stand out to them and any questions they have or anything they don't understand. Ask them to share. Share some of your own to get the conversation started.

IMPORTANT WORDS

QUESTIONS

A notepad with a blue pencil and a question mark, representing the 'Important Words' and 'Questions' sections.

### WHAT DO I THINK ABOUT IT?



In this section, have the kids write down whatever they think about anything they have learned so far. There is no right or wrong answer here.

### DRAW A PICTURE

Draw a Picture is a place for kids to creatively express meaning. It can be the Write it Out verse or the Focus Word or the Theme Verse. They can be free to draw whatever is on their minds or hearts.



### HOW CAN I PRACTICE IT?



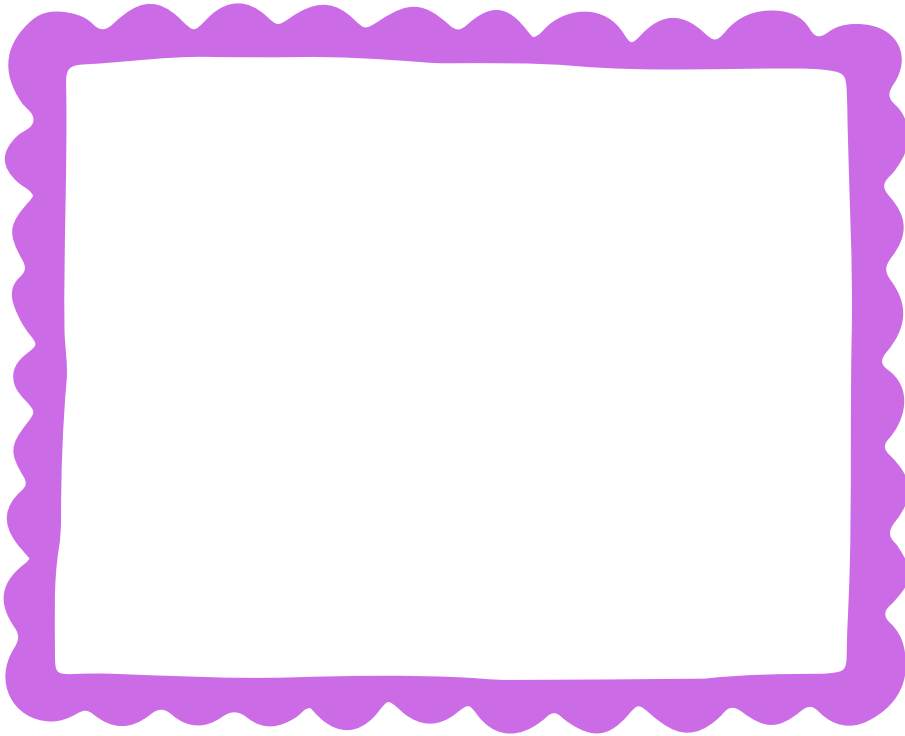
This section is where kids can put what they are learning into practical application. They can consider how this fits into their world.

## Thoughts for Parents

This Bible Study is meant to be a short and sweet way to get kids connected to the word of God and how it relates in their world. God's word is powerful and even this simple study can plant seeds in a child's life. It can be done independently or with a group. However you use it, leave the heavy lifting to God and have fun with it!

Rachel

# DRAW A PICTURE



# HOW CAN I PRACTICE IT?



# FRUITS OF THE SPIRIT

*Bible Study*

BY:

DATE:

THEME VERSE:

**COLOSSIANS 3:12**

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.

FOCUS WORD

**FRUITS OF THE SPIRIT**

The character traits that grow in our hearts when we know Jesus.

# WRITE IT OUT

2 Corinthians 5:17

Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.



## IMPORTANT WORDS



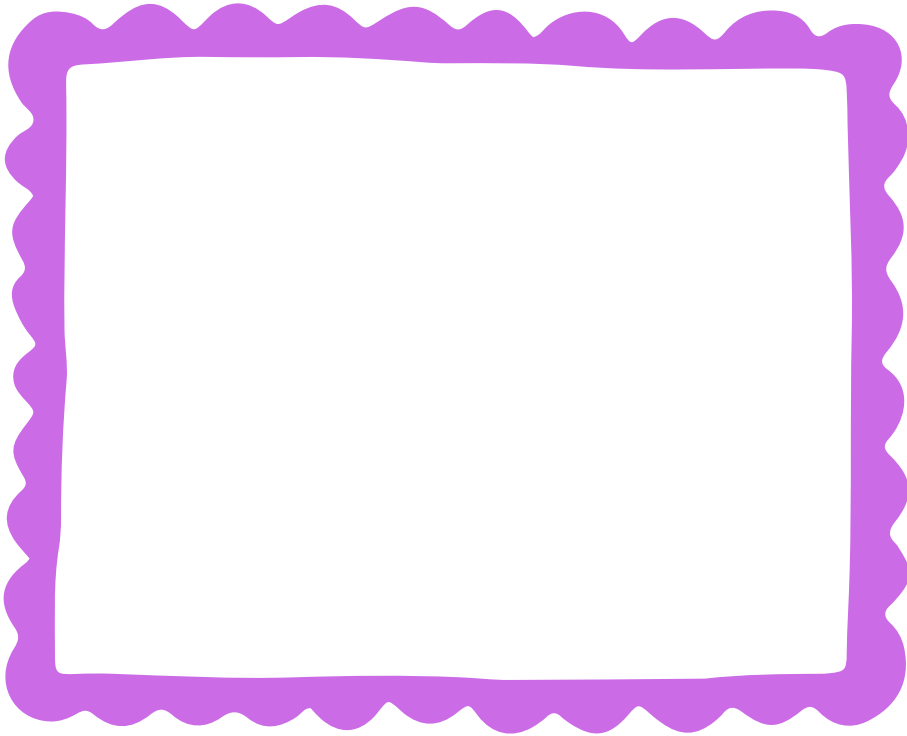
## QUESTIONS



## WHAT DO I THINK ABOUT IT?



# DRAW A PICTURE



# HOW CAN I PRACTICE IT?



# FRUITS OF THE SPIRIT

*Bible Study*

BY:

DATE:

THEME VERSE:

**COLOSSIANS 3:12**

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.

FOCUS WORD

**CLOTHE**

The act of putting on clothes to wear.

# WRITE IT OUT

Colossians 3:12

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.



A green checkmark is positioned over the top-left corner of a notepad. The notepad features a row of seven small, empty square checkboxes at the top, followed by ten horizontal lines for writing.

## IMPORTANT WORDS



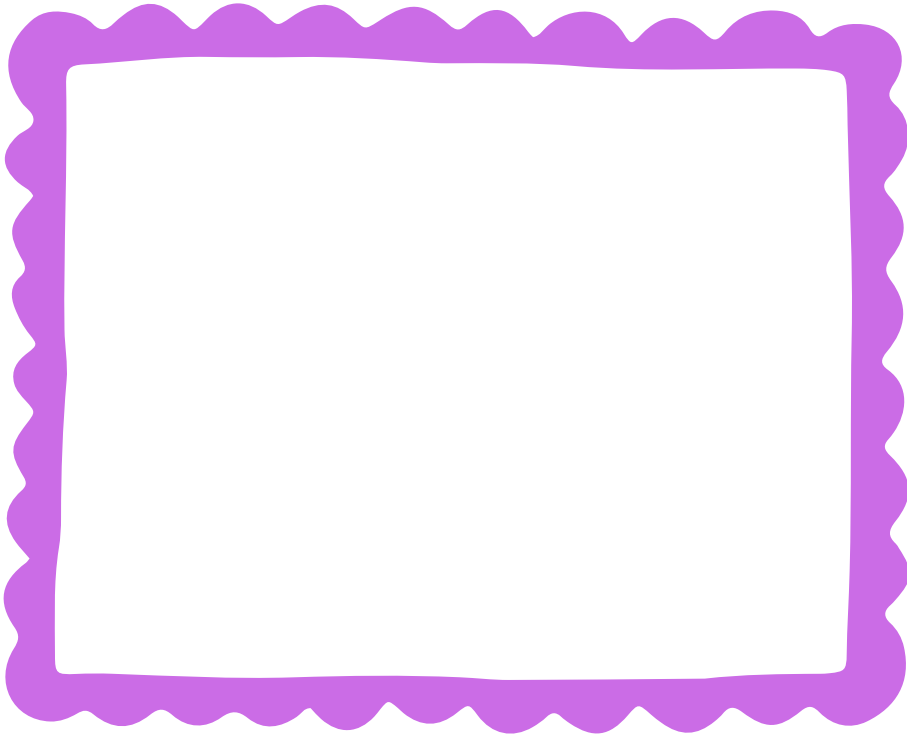
## QUESTIONS



## WHAT DO I THINK ABOUT IT?



# DRAW A PICTURE



# HOW CAN I PRACTICE IT?



# FRUITS OF THE SPIRIT

*Bible Study*

BY:

DATE:

THEME VERSE:

**COLOSSIANS 3:12**

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.

FOCUS WORD

**COMPASSION**

A feeling of sympathy and a desire to help others in need.

# WRITE IT OUT

Acts 20:25

You must help the weak and remember the words that Jesus said, 'It is more blessed to give than to receive.'



## IMPORTANT WORDS



## QUESTIONS

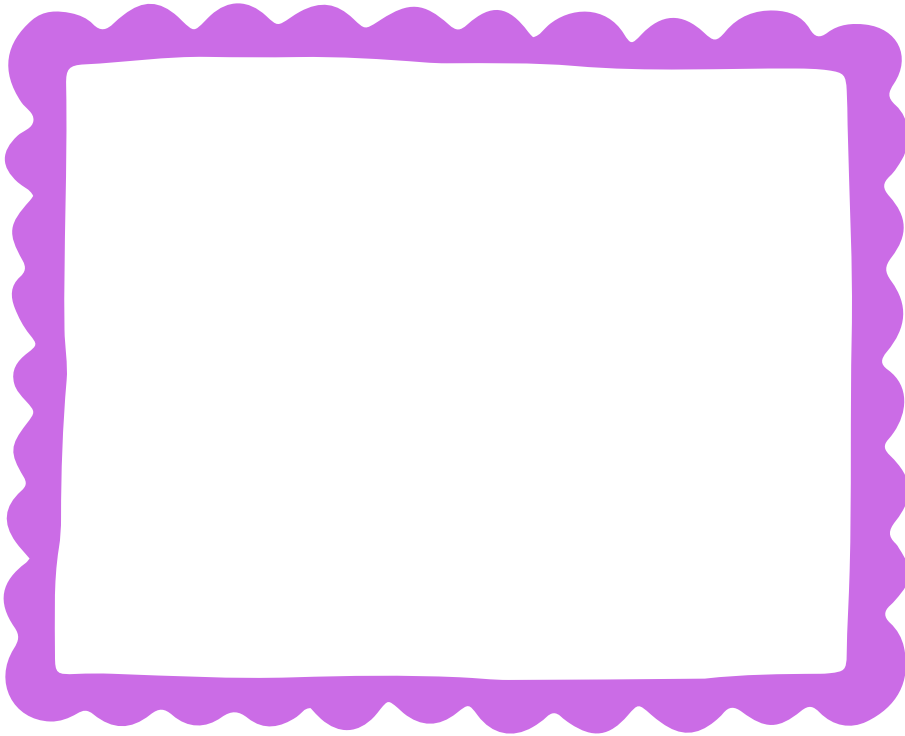


## WHAT DO I THINK ABOUT IT?





# DRAW A PICTURE



# HOW CAN I PRACTICE IT?



# FRUITS OF THE SPIRIT

*Bible Study*

BY:

DATE:

THEME VERSE:

**COLOSSIANS 3:12**

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.

FOCUS WORD

**KINDNESS**

A quality of being considerate, helpful, and generous.

# WRITE IT OUT

Ephesians 4:32

Be kind and loving to each other. Forgive each other the same as God forgave you through Christ.



## IMPORTANT WORDS



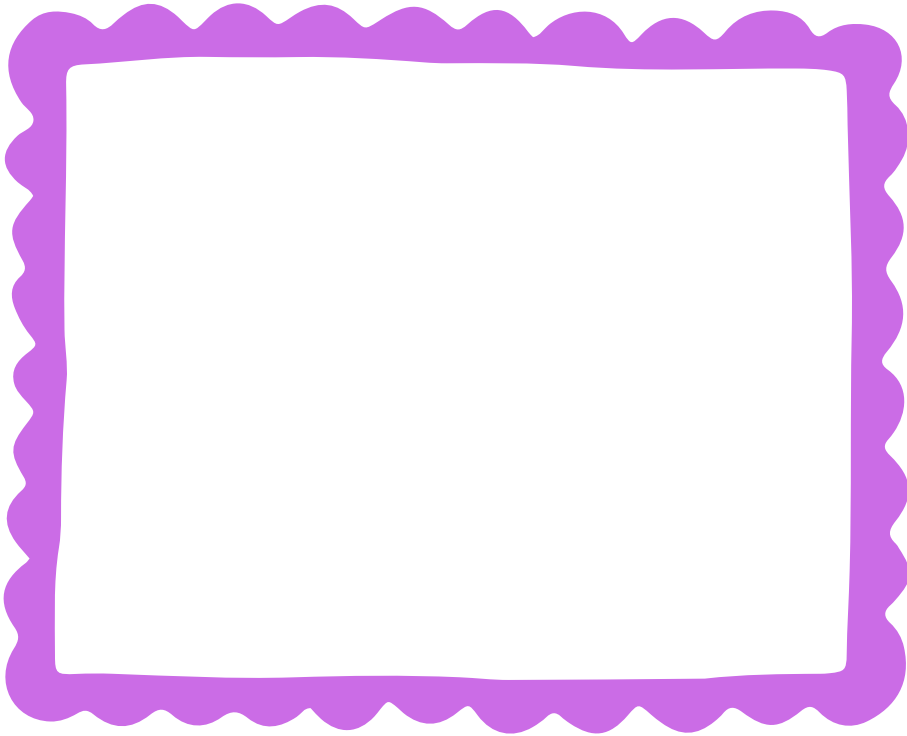
## QUESTIONS



## WHAT DO I THINK ABOUT IT?



# DRAW A PICTURE



# HOW CAN I PRACTICE IT?



# FRUITS OF THE SPIRIT

*Bible Study*

BY:

DATE:

THEME VERSE:

**COLOSSIANS 3:12**

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.

FOCUS WORD

**HUMILITY**

A quality of NOT being boastful of yourself or your actions.

# WRITE IT OUT

Philippians 2:3

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves.



A green notepad with a large green checkmark in the top left corner. The notepad has a header row with seven small squares and ten horizontal lines for writing.

## IMPORTANT WORDS



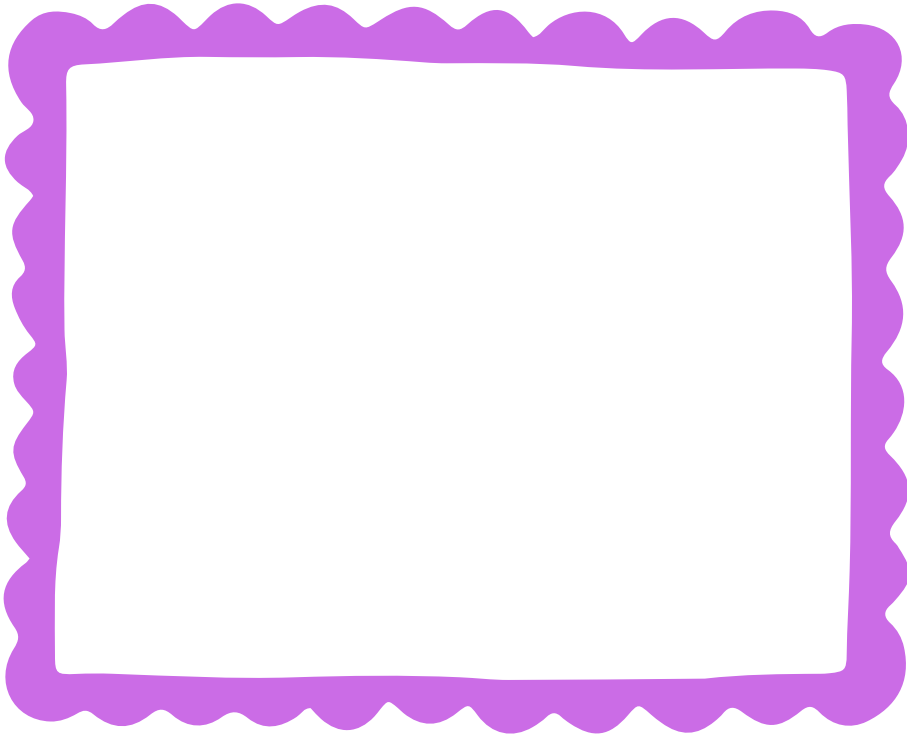
## QUESTIONS



## WHAT DO I THINK ABOUT IT?



# DRAW A PICTURE



# HOW CAN I PRACTICE IT?



# FRUITS OF THE SPIRIT

*Bible Study*

BY:

DATE:

THEME VERSE:

**COLOSSIANS 3:12**

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.

FOCUS WORD

**GENTLENESS**

A quality of being mild and not harsh in behavior.

# WRITE IT OUT

Proverbs 15:1

A gentle answer turns away  
wrath, but a harsh word stirs  
up anger.



## IMPORTANT WORDS



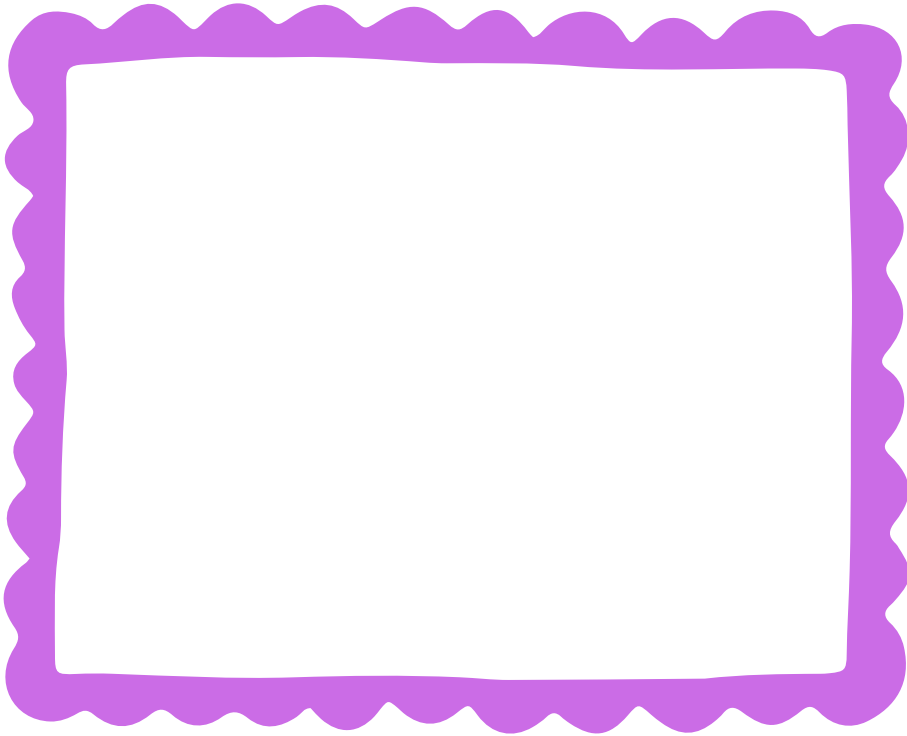
## QUESTIONS



## WHAT DO I THINK ABOUT IT?



# DRAW A PICTURE



# HOW CAN I PRACTICE IT?



# FRUITS OF THE SPIRIT

*Bible Study*

BY:

DATE:

THEME VERSE:

**COLOSSIANS 3:12**

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.

FOCUS WORD

**PATIENCE**

A habit of being calm while waiting for something.

# WRITE IT OUT

2 Peter 3:8

But do not forget this one thing,  
dear friends: With the Lord a day  
is like a thousand years, and a  
thousand years are like a day.



## IMPORTANT WORDS



## QUESTIONS



## WHAT DO I THINK ABOUT IT?

